



## Appointment Reminders

You can receive an appointment reminder to your email address, your cell phone (via a text message), or your home phone (via a computer generated voice message) the day before your scheduled appointments.

---

Client Name: \_\_\_\_\_

Your Email Address: \_\_\_\_\_

Your Cell Phone Number: \_\_\_\_\_

Where would you like to receive appointment reminders? (Check ONE)

- Via a text message on my cell phone (normal text message rates will apply)
- Via an email message to the address listed above
- Via an automated telephone message to my home phone
- None of the above. I'll remember my appointments on my own.  
(Missed appointment fees will still apply)

Appointment information is considered to be "Protected Health Information" under HIPAA. By my signature, I am waiving my right to keep this information completely private, and requesting that it be handled as I have noted above.

---

Signature

---

Date

---

Printed Name